

# 2022-2023 Calendar



Month	Su	Mo	Tu	We	Th	Fr	Sa
	31	1	2	3	4	5	6
Aug 2022	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30	31	1	2	3
Sep	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	1
Oct	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	29
	30	31	1	2	3	4	5
Nov	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	1	2	3
Dec	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	31
Jan 2023	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31	1	2	3	4
Feb	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	1	2	3	4
Mar	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30	31	1
Apr	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	29
	30	1	2	3	4	5	6
May	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30	31	1	2	3

## Free Medical Services for Women





- Pregnancy Testing
- Nurse Verification of Pregnancy
- Sonograms on a Limited Basis
- Option Consultation
- STI/STD Testing & Treatment
- Classes & Programs

The Center  
4011 Seymour Hwy  
Wichita Falls, TX  
76309



Scan & hit send, for more information or to sign up.

\*No classes during June or July.

	Just One Mom to Another		Prenatal		Moms Hangtime		Closed/holiday
<p>6pm Tuesdays for 6 weeks. On the 6<sup>th</sup> week, we will have a baby shower &amp; basket full of baby items for all participants that attended at least 5 sessions.</p>		<p>6pm 2<sup>nd</sup> Thursday of most months. Topics include infant CPR, swaddling, breastfeeding, labor &amp; delivery &amp; much more. Snacks provided and diapers/wipes for all mommas.</p>		<p>6pm 3<sup>rd</sup> &amp; 4<sup>th</sup> Thursdays of most months. A time for moms to get together for crafts &amp; cooking. Snacks provided and diapers/wipes for all mommas.</p>			